

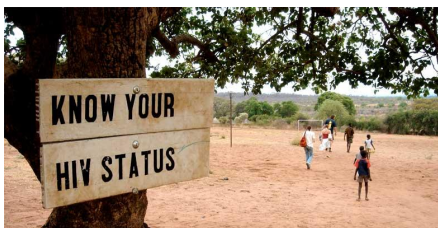
# HIV testing

Testing for HIV is the only way to know for sure if you have HIV. Many people do not have any symptoms and can live for many years without knowing they have the virus.

Testing for HIV is quick, easy, painless, confidential and almost always free. If you test regularly for HIV, and after every time you put yourself at risk, you can help keep yourself and your sexual partners healthy. It is always better to know.

In this section, we go through everything you need to know about HIV testing.

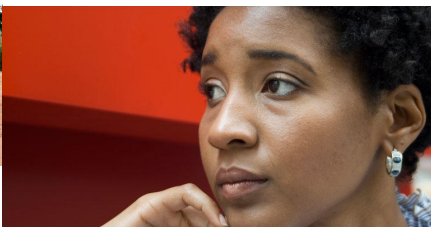
## Why get tested    When to get tested    What's involved



Why get tested for HIV?

The reasons to test far outweigh the reasons not to. Find out more about the benefits of testing for HIV.

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When to get tested for HIV?

You can test for HIV at any time. If you've put yourself at risk, speak to your healthcare provider.

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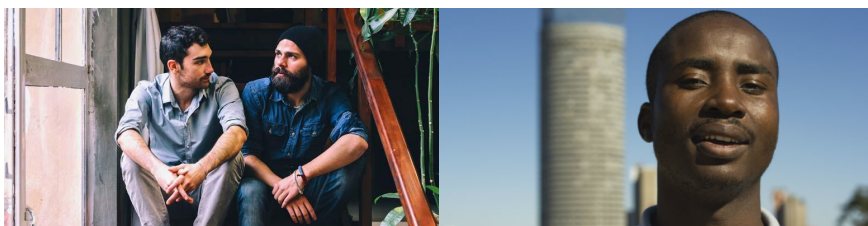


How do HIV tests work and what's involved?

It's normal to feel scared about testing but it's easier than you think. Find out what's involved.

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## What happens after    James cropped.jpg



What happens  
after an HIV test  
and getting the  
results?

HIV testing  
personal stories

You've tested for HIV, now  
what? We talk you through your  
results and what they mean.

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It's normal to feel worried  
about going for an HIV test.  
Hear from others about their  
experiences.

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**Last updated:** 28 November 2017

**Next full review:** 20 January 2019