

Antiretroviral treatment for HIV

If you're living with HIV then taking treatment is really important for your health as it reduces the amount of HIV in your body and helps boost your immune system.

To ensure that your treatment works properly you need to stay engaged with a healthcare professional so that they can monitor your progress, manage any side effects and change your treatment if necessary.

Treatment options are constantly improving. You no longer have to take lots of pills and the side effects are much easier to cope with or even non-existent.

[_MG_0417-treatment-sub-landing-page.jpg](#) [Undetectable-couple2.jpg](#) [Monitoring and switching treatment](#)



Starting antiretroviral treatment for HIV

You will have various tests to determine when you need to start treatment.

What does undetectable mean?

There is no risk of passing on HIV if your doctor has confirmed that you are undetectable, you continue taking your treatment and attend regular viral load monitoring appointments.

Monitoring and switching antiretroviral treatment for HIV

It is vital that your health is monitored to check if your treatment is working properly.

HIV treatment for children



Antiretroviral treatment for children living with HIV

It's important to encourage a child living with HIV to take their treatment properly.

Next full review: 01 May 2018

Last updated: 16 February 2017