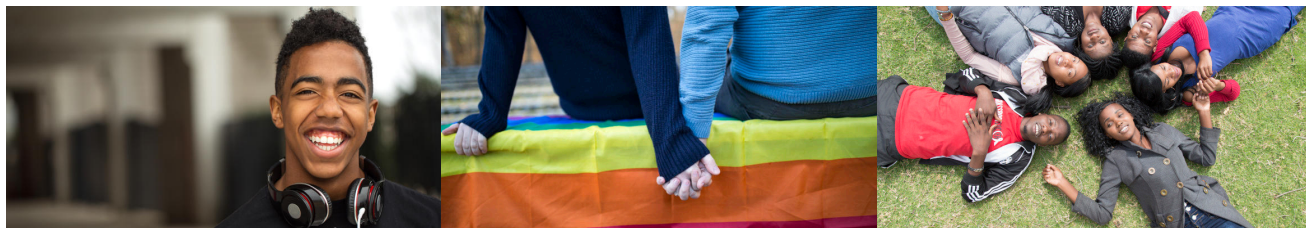


Sex and sexually transmitted infections (STI)

Here we give you a straight-forward breakdown of what to expect when it comes to sex, as well as advice on how to avoid sexually transmitted infections (STIs) including HIV.

Remember, if you're thinking about having sex, it is important that you feel ready. Whether it's your first time or not, sex should be something that you enjoy and do safely.



Puberty information
for boys and girls

Sexuality: am I gay,
lesbian or bisexual?

Am I ready for sex?

Find out what to expect during
puberty like new feelings or
body changes.

Sexuality can be exciting and
confusing but you're not the
only one working it out.

Advice about how to decide
when you're ready to have sex
for the first time.



Sexual consent

Healthy relationships

How to have sex

What's sexual consent? How do
I get it? How do I give it? And
how does it work 'in the
moment'?

All relationships should be
based on respect, honesty, trust
and communication.

There's no right or wrong way to
have sex. But it is important to
know how to do it safely.



Safer sex

Tips on how to have safer more enjoyable sex and protect yourself from HIV and other STIs.



Sexually transmitted infections (STI)

Learn about the different types of STIs and how to prevent, recognise, test and treat them.



First time sex stories

Everyone has a first time – hear from other people about their sexual experiences.



Sex & STIs personal stories

Read personal stories from people around the world about sex and STIs.

Photos are used for illustrative purposes. They do not imply any health status or behaviour on the part of the people in the photo.