HIV Fact sheets

Whether you belong to a group of people at high risk of HIV infection or simply want to know how it is transmitted and prevented, our downloadable fact sheets are here to help.

You may find these useful for your own personal knowledge, to share with friends or colleagues, or to use in the workplace or schools to educate others.

- **HIV transmission fact sheet**: Learn how HIV is passed on so that you can protect yourself from the virus.
- **HIV testing fact sheet**: The only way to know if you have HIV is to take a test. Find out what to expect.
- **Emergency HIV treatment (PEP) fact sheet**: PEP is treatment for if you might have been exposed to HIV in the last 72 hours.
- **Sex & HIV fact sheet**: HIV is most commonly passed on through sex. Find out how you can protect yourself and your partner.
- **Condoms & lubricants fact sheet**: Condoms and lubricant (lube) are the best way to prevent HIV infection during sex.
- **HIV & sexually transmitted infections fact sheet**: Use a condom to prevent sexually transmitted infections (STIs) as well as HIV.
HIV, pregnancy & childbirth fact sheet
Taking treatment when pregnant will help protect your baby from HIV.

Living with HIV & breastfeeding fact sheet
Find out more information on Living with HIV and breastfeeding.

HIV & mixed status couples fact sheet
Read our fact sheet for advice on how to have a healthy mixed status relationship.

HIV & male circumcision fact sheet
Male circumcision can reduce a man’s risk of HIV from a woman during sex.

HIV & men who have sex with men fact sheet
If you’re a man having sex with men, read about having safer sex to prevent HIV.

HIV & women who have sex with women fact sheet
HIV is low risk between two women, but you should know how to have safer sex.

HIV, injecting drugs & harm reduction fact sheet

HIV & sex work fact sheet

HIV & occupational exposure fact sheet
Sharing needles puts you at risk of HIV infection. Use a new one every time you inject. Find out how to protect yourself from HIV and other STIs when selling sex. If you’re working in healthcare, take precautions to reduce your risk of HIV.