If you’re living with HIV then taking treatment is really important for your health as it reduces the amount of HIV in your body and helps boost your immune system.

To ensure that your treatment works properly you need to stay engaged with a healthcare professional so that they can monitor your progress, manage any side effects and change your treatment if necessary.

Treatment options are constantly improving. You no longer have to take lots of pills and the side effects are much easier to cope with or even non-existent.

Next full review:
01 May 2018
Antiretroviral treatment for children living with HIV

With the right treatment, children living with HIV can live a normal, healthy life.

Photos are used for illustrative purposes. They do not imply any health status or behaviour on the part of the people in the photo.