

Antiretroviral treatment for HIV

If you're living with HIV then taking treatment is really important for your health as it reduces the amount of HIV in your body and helps boost your immune system.

To ensure that your treatment works properly you need to stay engaged with a healthcare professional so that they can monitor your progress, manage any side effects and change your treatment if necessary.

Treatment options are constantly improving. You no longer have to take lots of pills and the side effects are much easier to cope with or even non-existent.

Next full review:
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Starting antiretroviral treatment for HIV

A guide to what you need to know and the questions to ask before starting HIV treatment.

What is an undetectable viral load?

People with undetectable viral loads can't pass HIV on through sex. To have an undetectable you need to adhere to ART and attend regular viral load monitoring.

Adherence and dealing with side-effects of HIV treatment

Taking your treatment correctly and how your healthcare worker can help with any side effects.



Antiretroviral treatment for children living with HIV

With the right treatment,
children living with HIV can live
a normal, healthy life.

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