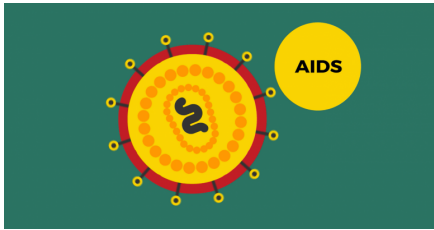


# HIV: The Basics

Our 'HIV: The Basics' explainer series tells you everything you need to know about HIV. We help you to understand what HIV is, how it's passed on, how you can protect yourself, the benefits of HIV testing, and how antiretroviral treatment saves lives and lets people live well with HIV. We also give you five facts to fight common HIV myths.

So, watch the videos and help us to spread the word.



[What is HIV?](#)



[How do you get HIV?](#)



[What's involved in testing for HIV?](#)



[How does HIV treatment work?](#)



[5 facts to fight the myths](#)