

# HIV transmission & prevention

You can only get HIV if the bodily fluids of someone who already has HIV get into your body. A person with HIV can pass the virus to others whether they have symptoms or not.

There are a lot of myths around how HIV is passed from one person to another (HIV transmission) but there are only a few ways you can get it. There are also a number of things you can do to reduce your chances of infection.

Find out here about the ways HIV can be passed on and how to protect yourself from the virus.



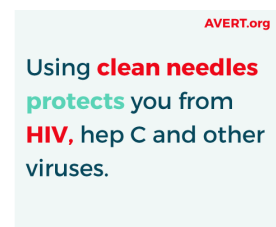
How do you get HIV?



Sex and HIV



Sharing needles to inject drugs, and HIV



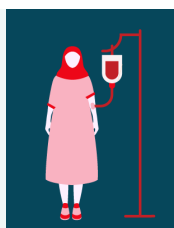
There are only a few ways you can get HIV. Find out how to protect yourself.

Unprotected sex (not using a condom) puts you at risk of HIV and STIs.

Sharing needles and syringes puts you at risk of HIV and other infections.



Pregnancy, childbirth & breastfeeding and HIV



Blood transfusions & transplants and HIV



Myths about HIV and AIDS

Mothers living with HIV can take Blood transfusions or organ

A lot of people still believe you

treatment to protect their baby from HIV.

donations must be tested for HIV so they are safe.

can get HIV from things like toilet seats and insects.

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## Safer sex

Learn about safer sex - using condoms and the risk of mixing alcohol, drugs and sex.

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