

## #StandUpToHIV



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HIV continues to be a major global public health issue. In 2017 an estimated 36.9 million people were living with HIV (including 1.8 million [children](#)) – with a global HIV prevalence of 0.8% among adults.<sup>1 2</sup> Around 25% of these same people do not know that they have the virus.<sup>3</sup>

Stigma is one of the main factors that stop people from testing. Some people are so scared of HIV, what happens during a test, and what other people would think of them, that they are too afraid to test. But why let fear get in the way of your health? By highlighting the myths and facts, we can empower people to stand up to their fears of HIV and get tested.

What can you do?

Get involved in our #StandUpToHIV campaign in three easy steps:

- Take a look at our 'I am worried about HIV' page.
- Watch our 'Why am I so scared of HIV?' animation.
- Share our webpage and video using #StandUpToHIV.

## Why am I so scared of HIV?

Video of Why am I so scared of HIV?

*Now, are you ready to stand up to HIV and get tested?*

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1. UNAIDS (2018) '[Fact Sheet 2018](#)'
  2. UNAIDS (2016) '[AIDSinfo](#)' (Accessed 23/08/2017)
  3. UNAIDS (2018) '[Fact Sheet 2018](#)'

Last full review:  
23 November 2016